

# Arylia

## Phase III Clinical Trial

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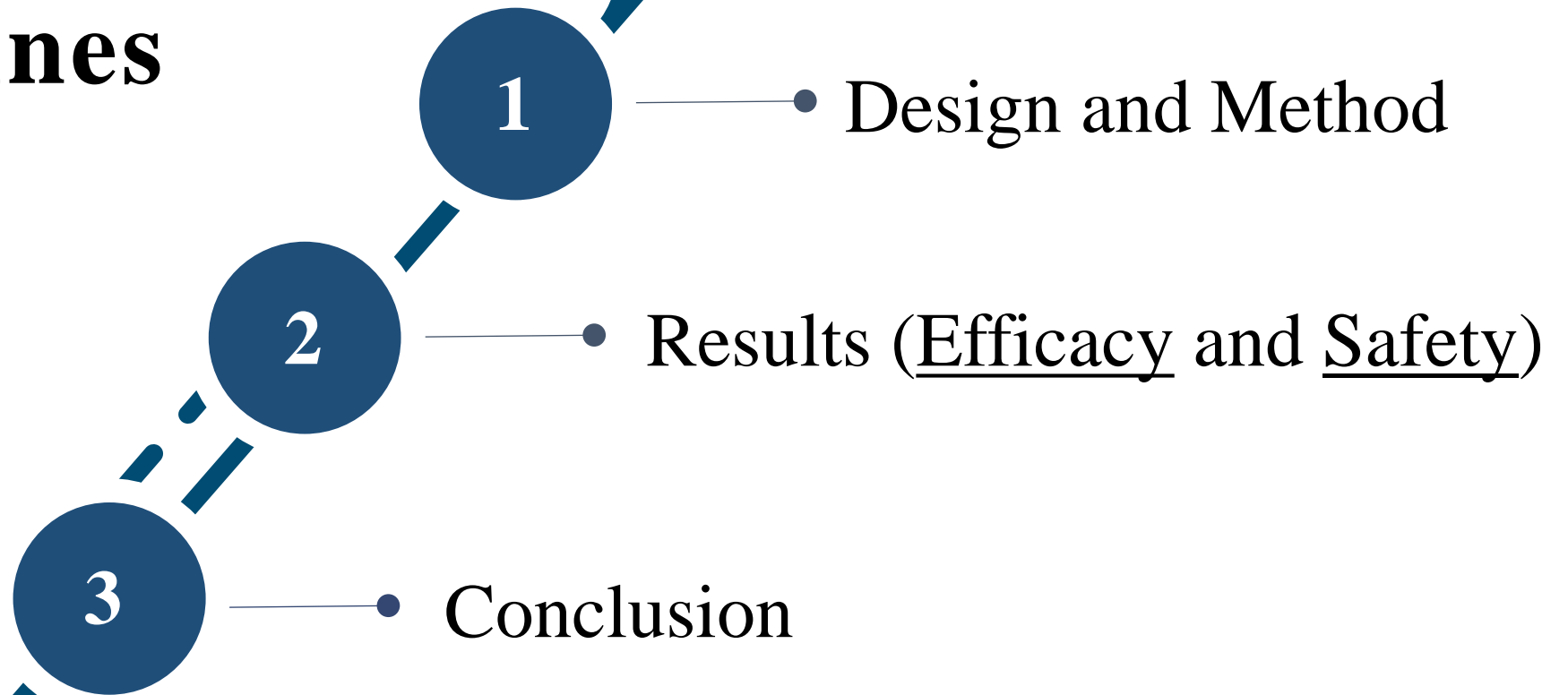
Rheumatology Research Center, Tehran University of Medical Sciences



**ARYOGEN**

**Arylia**  
Denosumab  
Pre-filled Syringe, 60 mg/1 mL

# Outlines

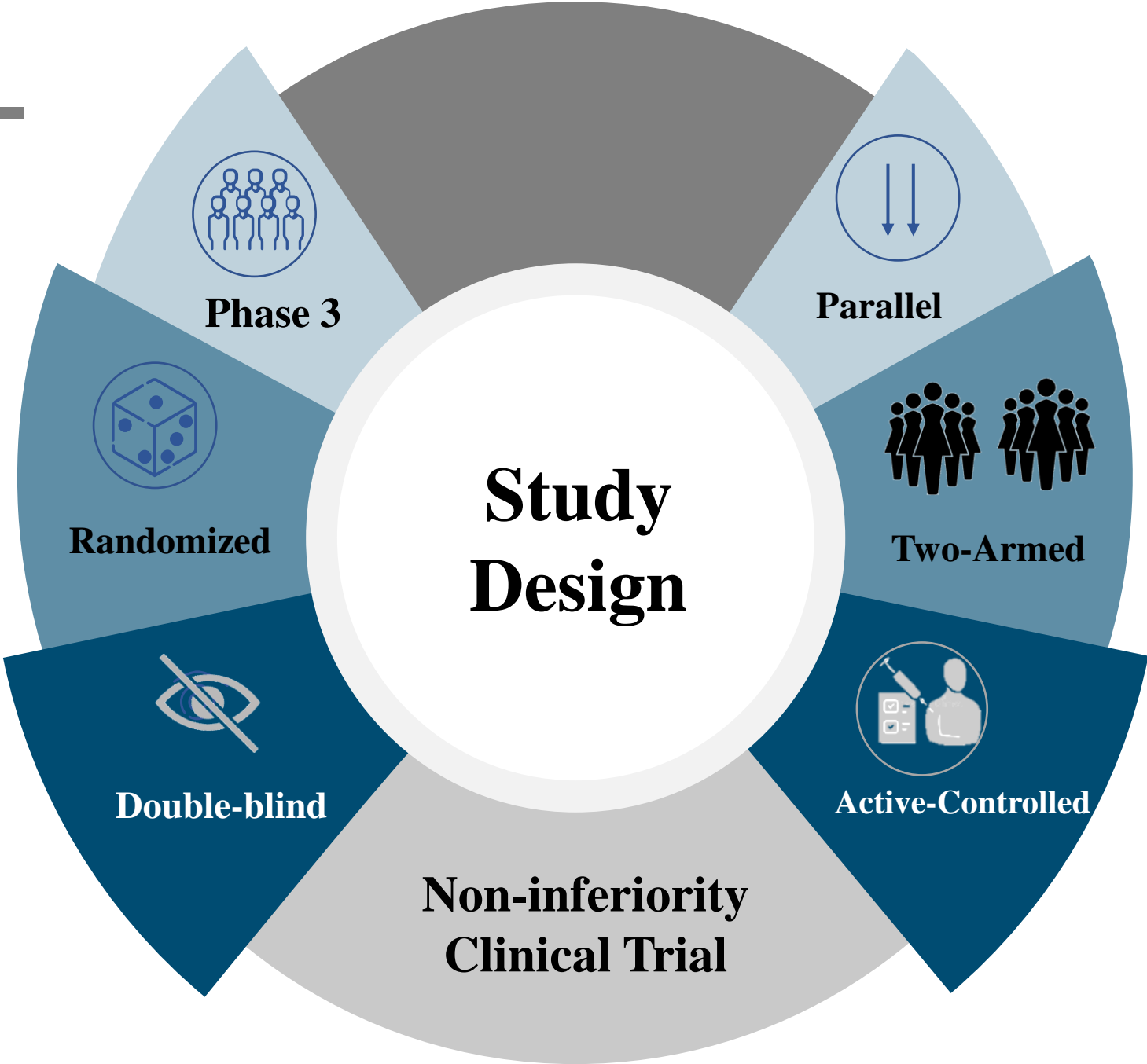


# Design and Method



# Study Design

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# Study Centers

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✓ A total of **190 patients** from **12 centers** in Iran were included:



■ Tehran

■ Karaj

■ Shiraz

■ Isfahan

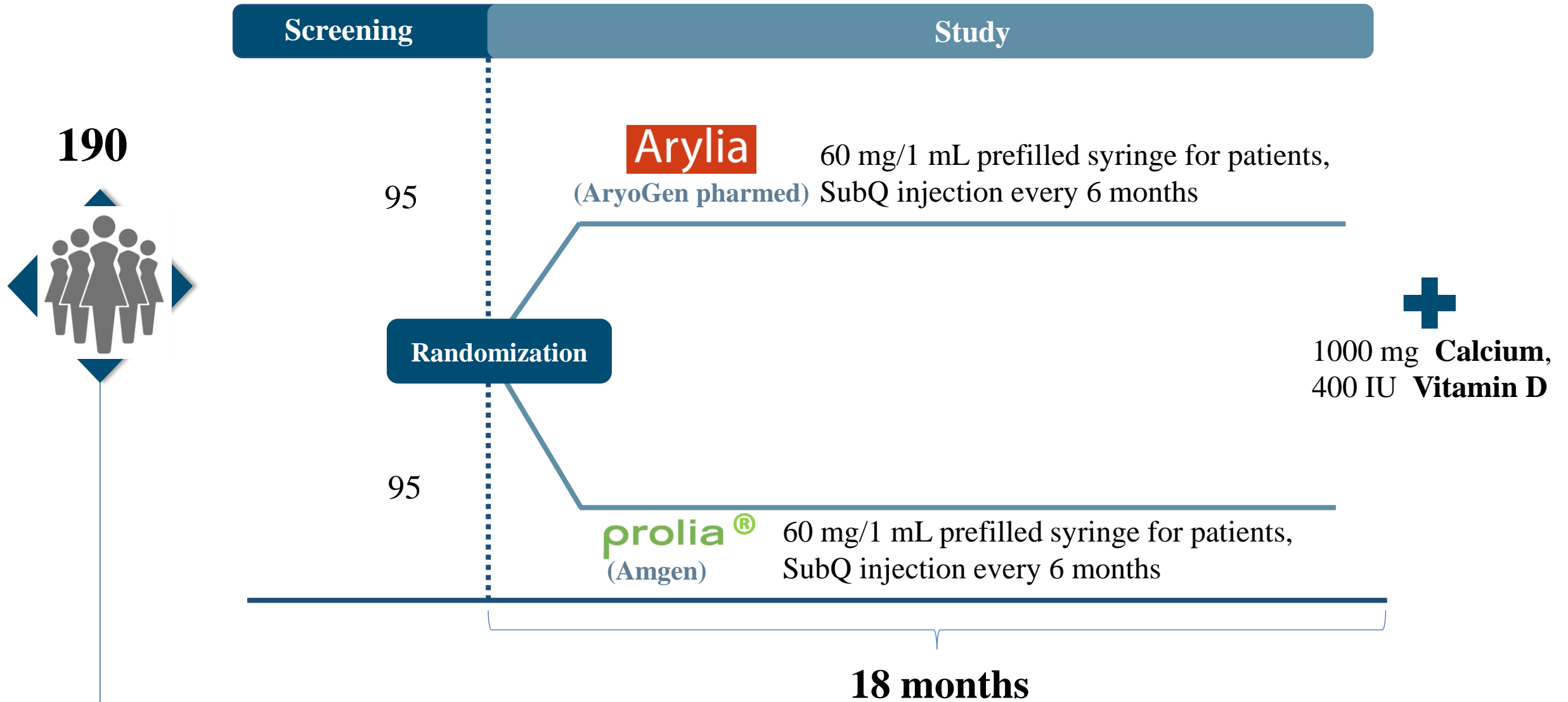
■ Tabriz

■ Rasht

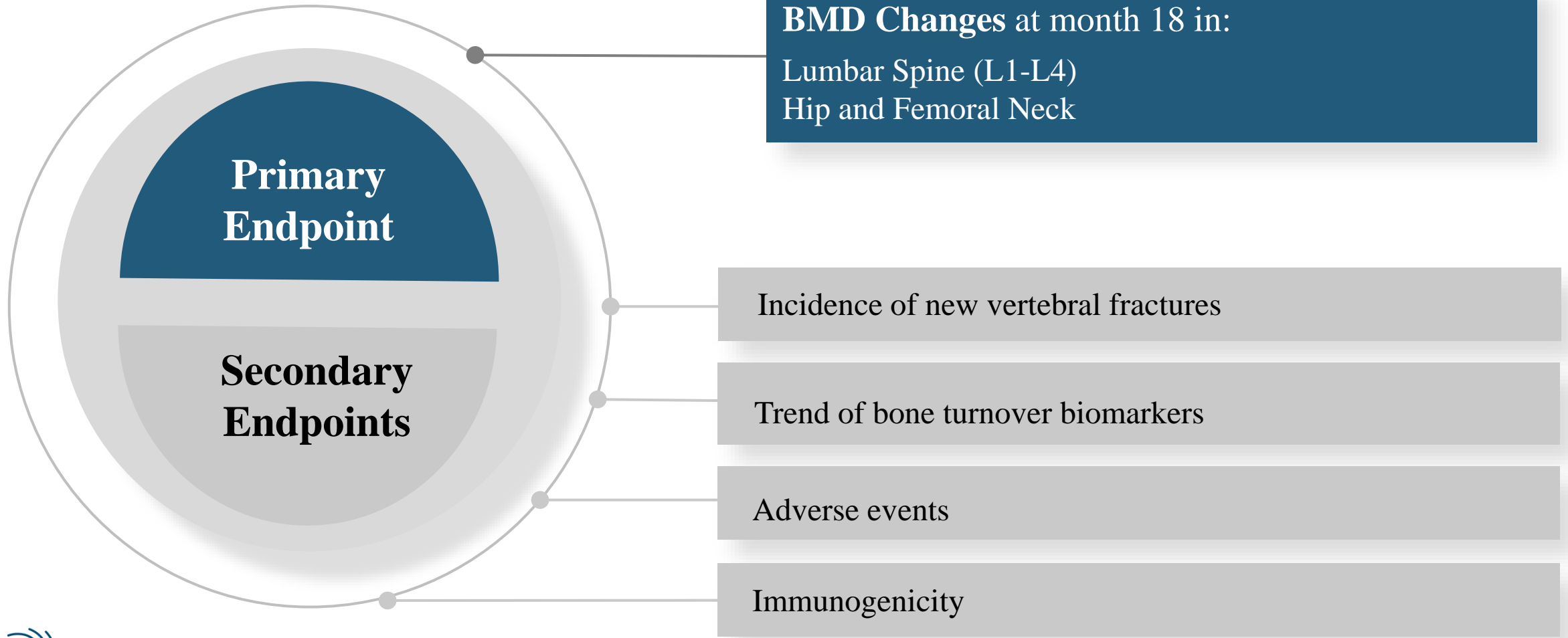
■ Gorgan

■ Mashhad

# Intervention



# Study Endpoints



# Inclusion Criteria

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1

Postmenopausal  
**women**

2

Aged between  
**45 up to 75**  
years old

3

Lumbar spine (L1-L4),  
hip or femoral neck:  
**- 4 ≤ T-score ≤ -2.5**





# Exclusion Criteria

Conditions that affect the Safety and efficacy of drugs were excluded, e.g.:

## Safety:

- ⊗ Malignancy
- ⊗ ONJ risk factors
- ⊗ Severe and active infections

## Efficacy:

- ⊗ Use of parenteral bisphosphonates in the last 12 months
- ⊗ Use of oral bisphosphonates in the last 3 months
- ⊗ Use of corticosteroids (>5 mg/prednisone daily or equivalent for  $\geq 3$  months)
- ⊗ 25 hydroxy vitamin D level < 20 ng/mL
- ⊗ Impossible to measure BMD
- ⊗ Unable to take 1000 mg elemental calcium (as a supplement)

# Exclusion Criteria

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- **Not complying with 18 months follow-up**
- **Hypersensitivity to denosumab or any other component of the formulation**
- **Malabsorption syndrome**
- **History of thyroid or parathyroid surgery and intestinal resection, which has caused malabsorption**
- **Patients with CKD stage 4 or 5 (GFR < 30 cc/min)**
- **25 hydroxy vitamin D level < 20 ng/mL**
- **Pre-existing untreated hypocalcemia (adjusted serum calcium < 8 mg/dL)**
- **Untreated hypo/hypercalciuria**
- **ONJ risk factors**
- **Malignancy**
- **Severe and active infections**
- **Bed rest patients**

# Exclusion Criteria

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- **Unable to take 1000 mg elemental calcium (as a supplement)**
- **Impossible to measure BMD**
- **Conditions that affect bone turnover (e.g., hypo/hyperparathyroidism, RA, Hypocalcemia)**
- **One severe or more than two moderate vertebral fractures**
- **Use of parenteral bisphosphonates within the last 12 months**
- **Use of oral bisphosphonates in the last 3 months**
- **History of severe skeletal pain with bisphosphonates**
- **Use of parathyroid hormone or its derivatives, systemic hormone replacement therapy, selective estrogen receptor modulator, calcitonin, or calcitriol in the 6 weeks before study enrollment**
- **Use of corticosteroids (>5 mg/prednisone daily or equivalent for  $\geq 3$  months) in the past 3 months or more**
- **Use of heparin (more than 20,000 international units/day for 6 months and longer) in the last 6 months and more**
- **Possible to receive corticosteroids (>5 mg prednisolone daily for  $\geq 3$  months) or heparin (more than 20,000 IU/d for 6 months and longer) during the study period because of chronic diseases such as allergy, asthma, and coagulation disorders.**

# Withdrawal Criteria

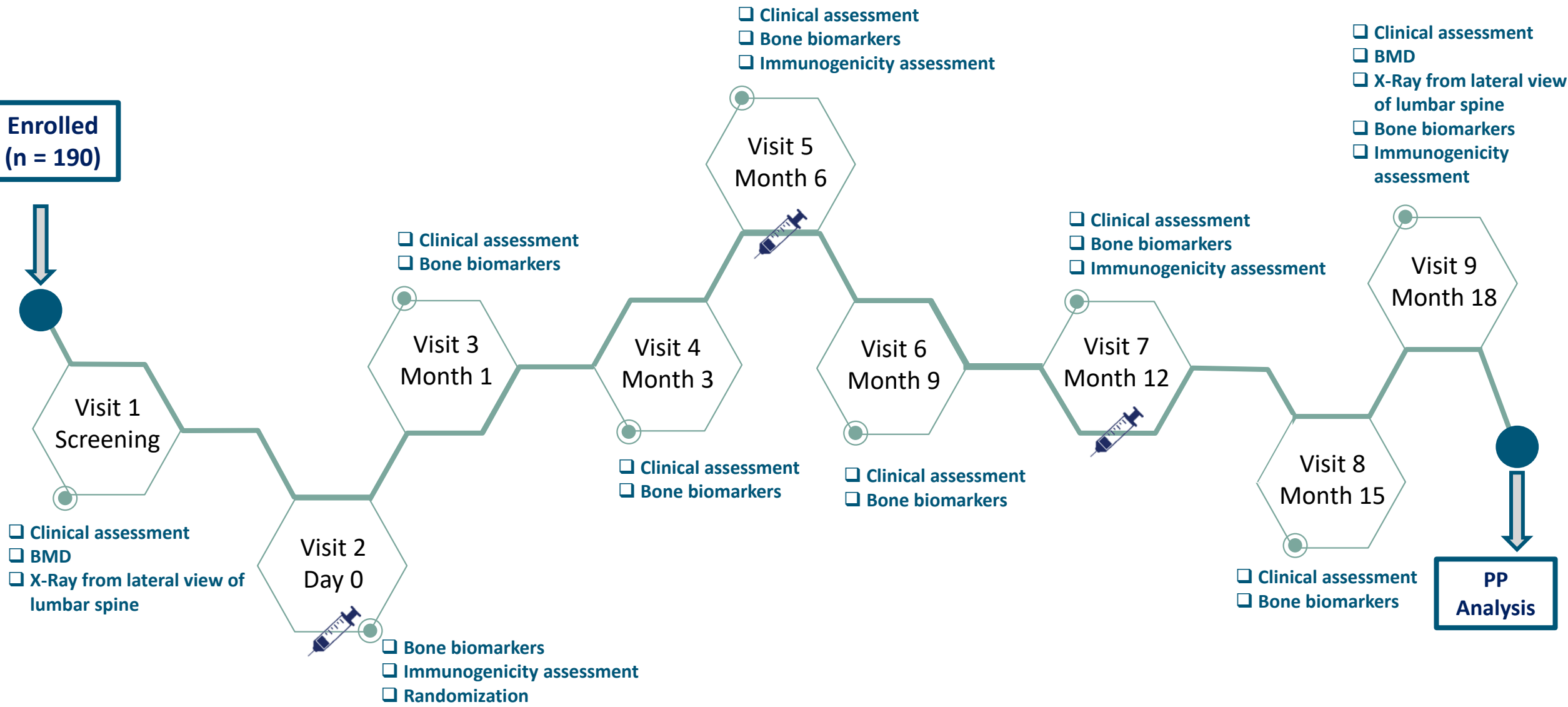
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- **Withdrawal of consent by the patient**
- **Non-compliance**
- **Based on the opinion of an investigator due to adverse events**
- **Lost to follow-up**
- **Treatment changes or use of prohibited drugs in the protocol**



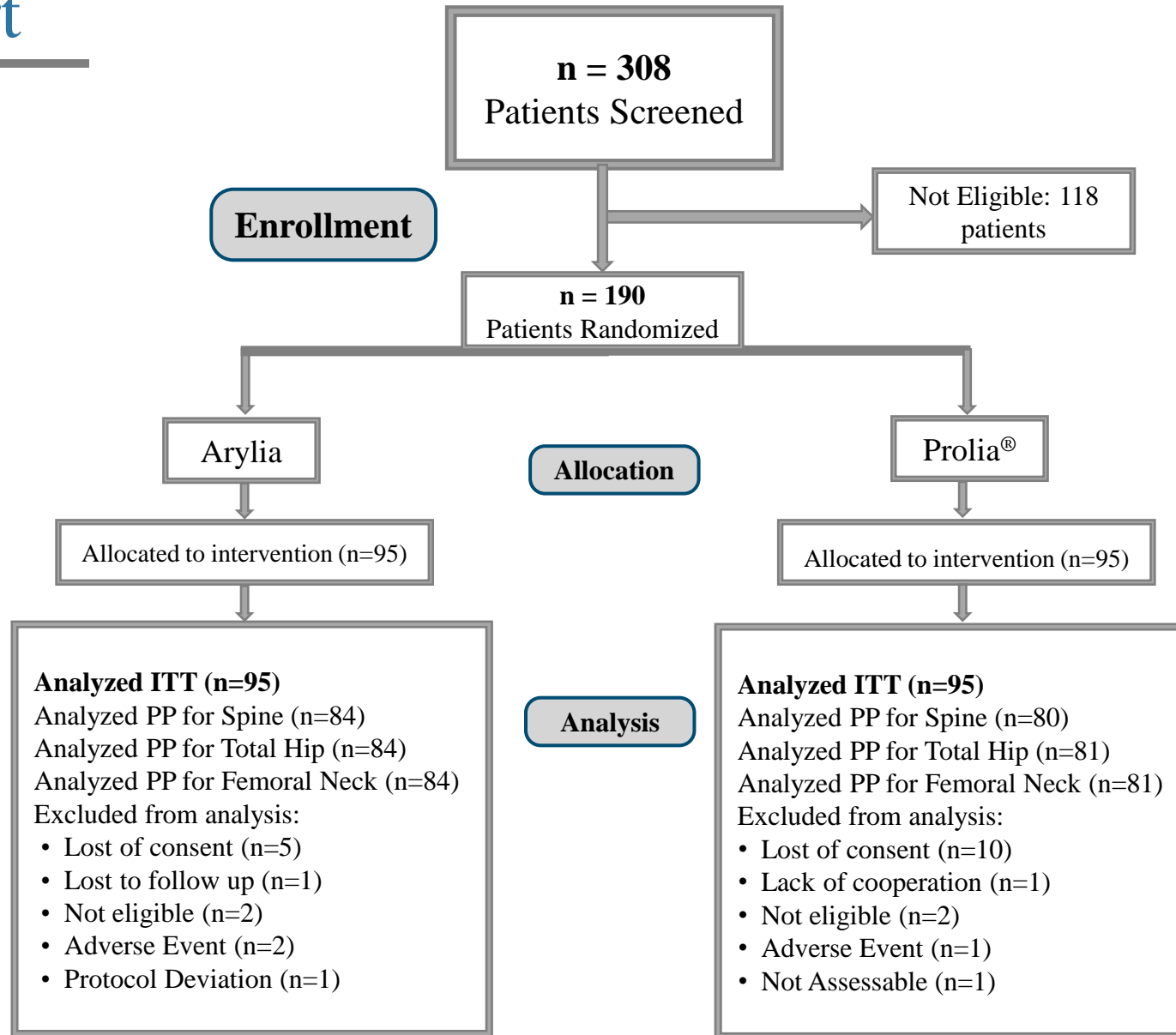
# Study Timeline

Enrolled  
(n = 190)

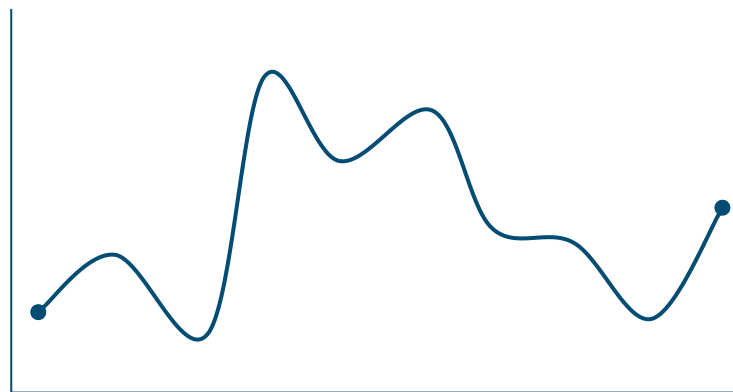


Adverse events were reported in all study time points

# Study Consort



# Efficacy Results



# Non-Inferiority at:

Lumbar Spine  
(L1-L4)



Mean Diff: 0.39,  
95% CI: (-1.34, 2.11)

Per Protocol (n=164)

Total Hip



Mean Diff: 0.04,  
95% CI: (-1.61, 1.69)

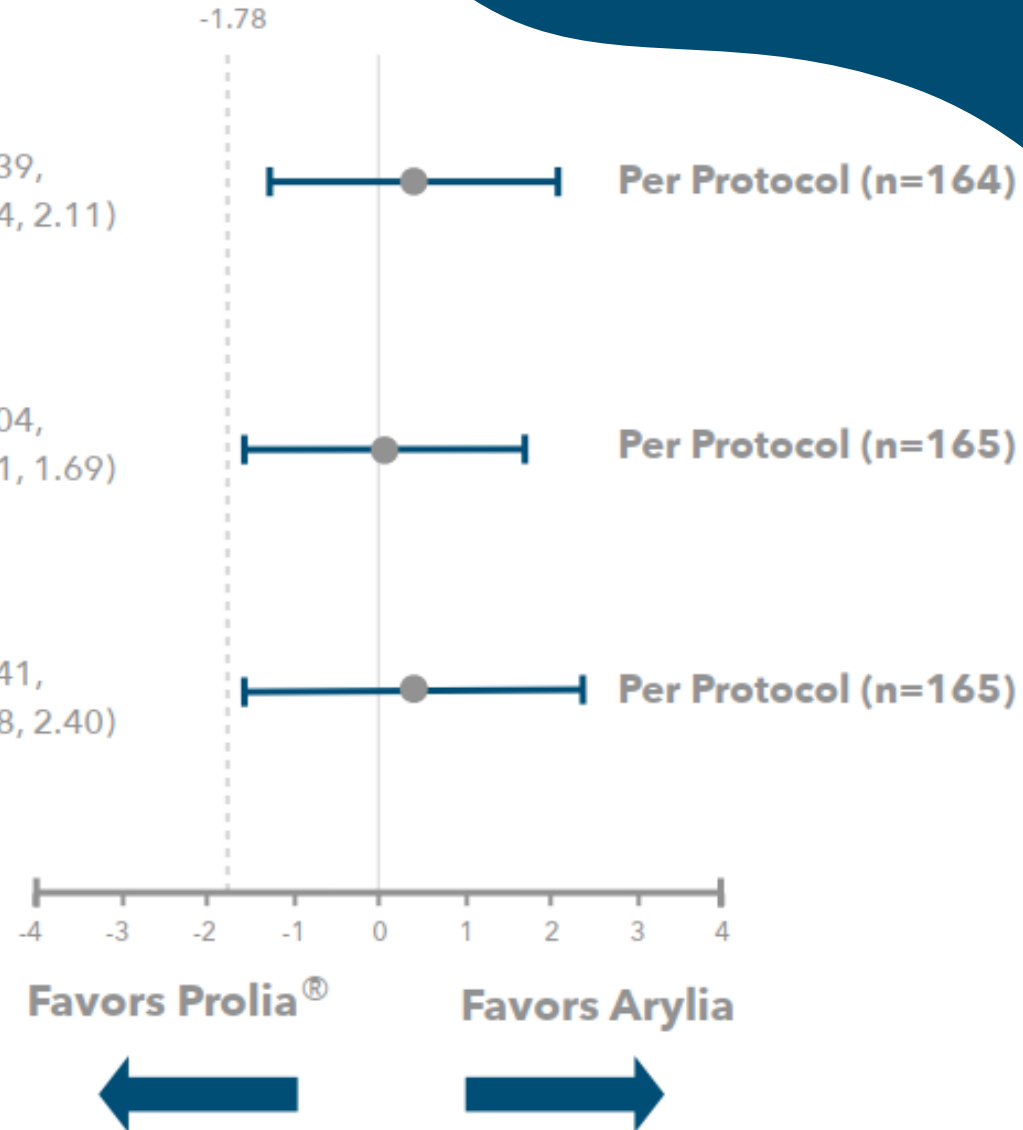
Per Protocol (n=165)

Femoral  
Neck



Mean Diff: 0.41,  
95% CI: (-1.58, 2.40)

Per Protocol (n=165)



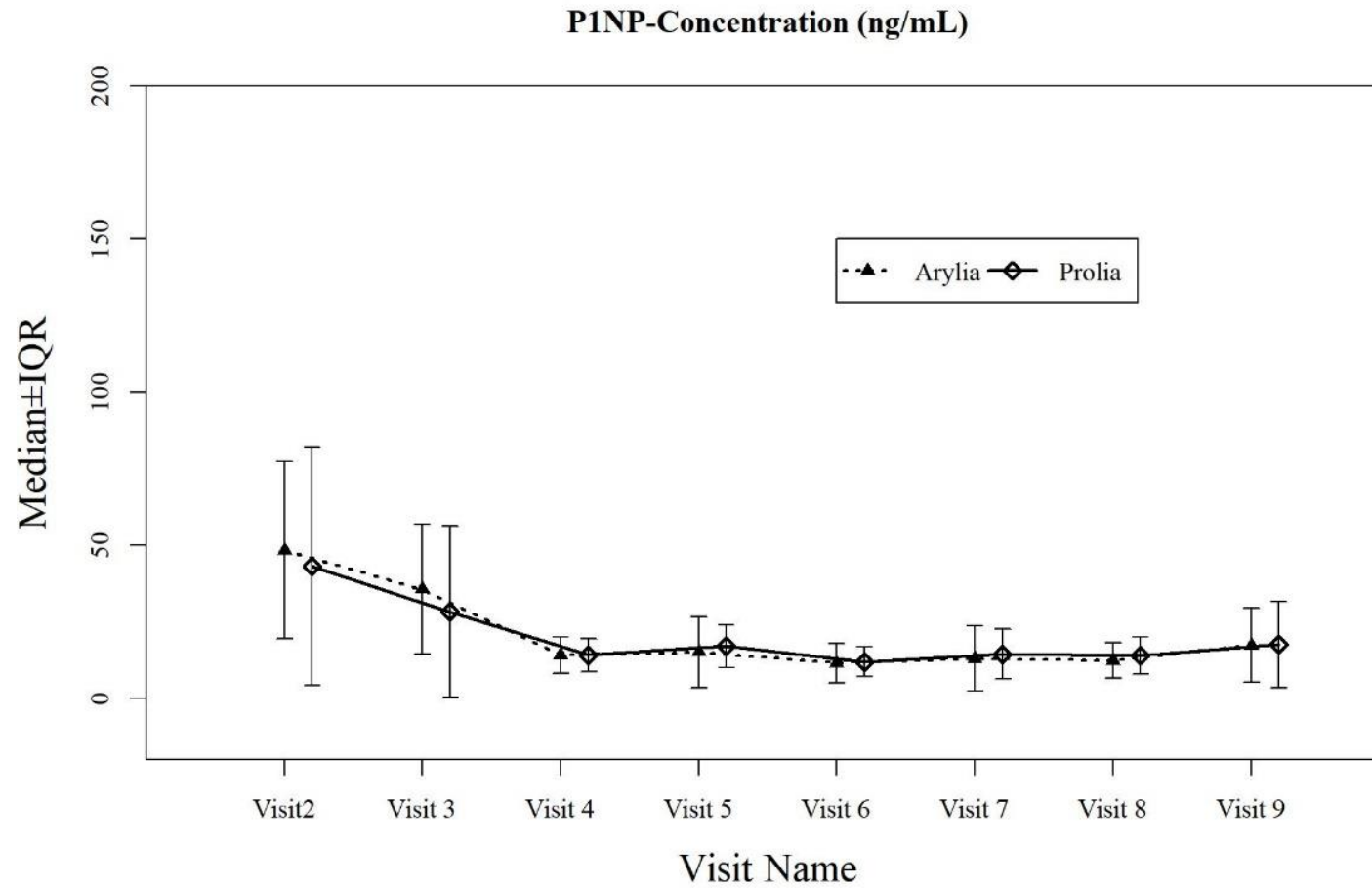


# BMD Changes

From baseline to month 18  
Comparison between two groups (per protocol)

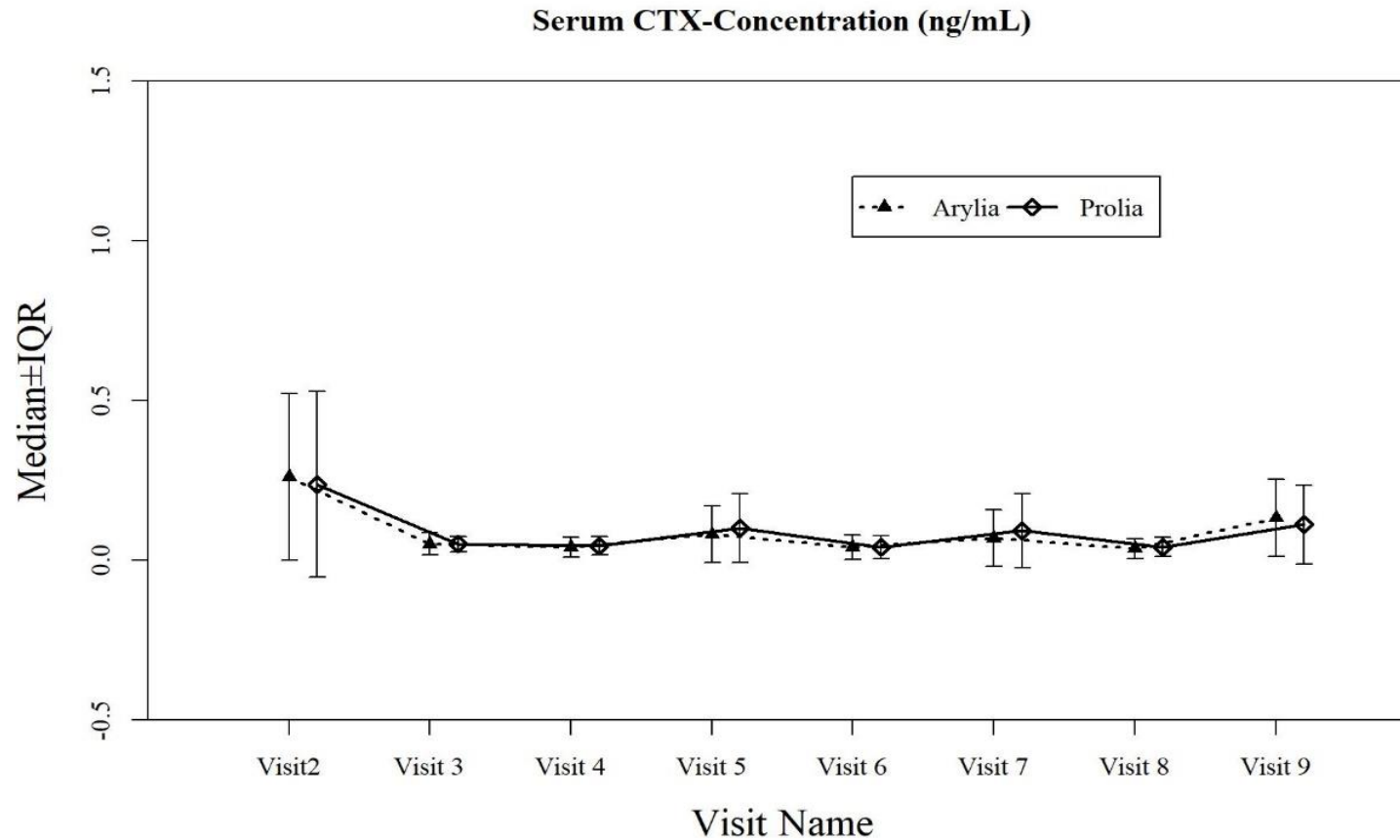
Site	BMD percent change Arylia		BMD percent change Prolia <sup>®</sup>		<i>p</i> -value
	Mean	SD	Mean	SD	
<b>Spine</b>	5.91	5.58	5.52	5.59	0.66
<b>Total hip</b>	2.32	5.24	2.28	5.52	0.96
<b>Femoral neck</b>	1.91	6.32	1.50	6.62	0.68

# Trend of P1NP



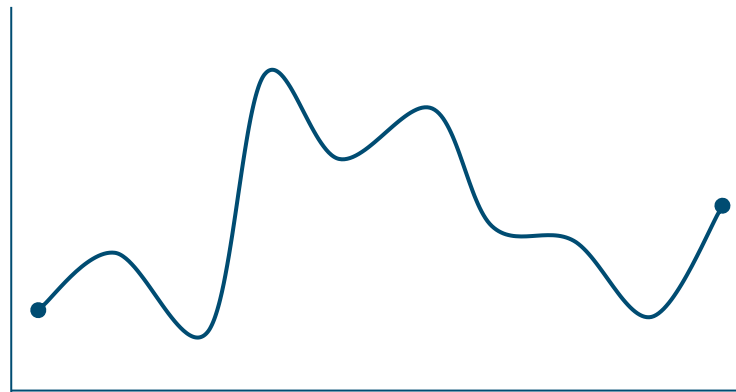
**Trend of Bone biomarkers (P1NP) during time**

# Trend of Serum CTX



Trend of Bone biomarkers (Serum CTX) during time

# Safety Results



# Most Common Adverse Events (AEs)

System Organ Class	Preferred Term	Arylia (n=95) n (%)	Prolia <sup>®</sup> (n=95) n (%)
Metabolism and nutrition disorders	Hypocalcaemia	16 (16.84)	11 (11.58)
	Hypertriglyceridaemia	3 (3.16)	2 (2.11)
Musculoskeletal and connective tissue disorders	Back pain	2 (2.11)	4 (4.21)
	Arthralgia	3 (3.16)	1 (1.05)
Vascular disorders	Hypertension	7 (7.37)	3 (3.16)

**No** statistically significant **difference** in most common AEs between two groups.

# Casual Relationship

Casual Relationship	Arylia (n=95) n (%)	Prolia® (n=95) n (%)
At least Possibly Related AEs	22 (23/16)	24 (25/26)
At least Possibly Related SAEs	0 (0)	0 (0)

**No relationship** between serious adverse events and drugs

## SAEs (Resulted in hospitalization)

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<b>PT</b>	<b>Causality</b>	<b>Group</b>
<b>Arteriosclerosis</b>	Unlikely	Prolia <sup>®</sup>
<b>Bunion operation</b>	Unlikely	Prolia <sup>®</sup>
<b>Cystocele/ Rectocele</b>	Unlikely	Arylia
<b>Diverticulitis</b>	Unlikely	Arylia
<b>Incisional hernia</b>	Unlikely	Arylia
<b>Intraductal proliferative breast lesion</b>	Unlikely	Prolia <sup>®</sup>
<b>Knee arthroplasty</b>	Unlikely	Prolia <sup>®</sup>
<b>Osteoarthritis</b>	Unlikely	Arylia
<b>Papillary cystadenoma lymphomatosum</b>	Unlikely	Prolia <sup>®</sup>
<b>Sinusitis</b>	Unlikely	Prolia <sup>®</sup>
<b>Transient ischaemic attack</b>	Unlikely	Arylia
<b>Wrist fracture</b>	Unlikely	Arylia

All of the above-mentioned SAEs were unrelated to the drug and mostly depended on the patient's underlying conditions.



## Adverse Events



### Grade 3:

No statistically **significant difference** between two groups  
 $p$ -value=0.42

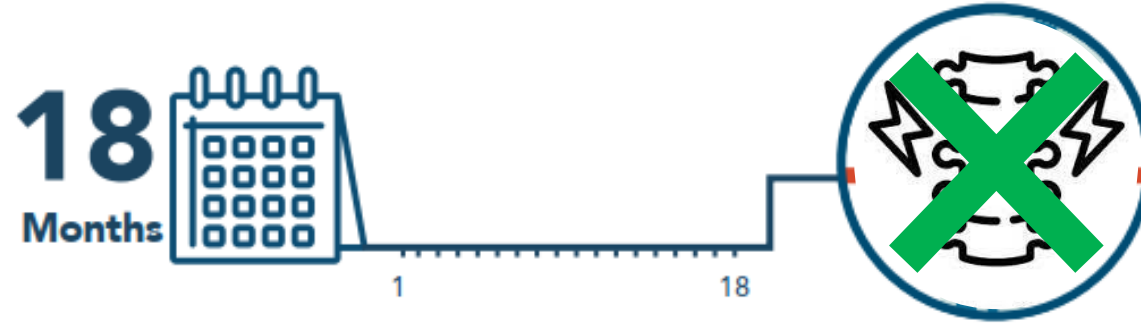
### Grade 4 and 5:

Not occurred



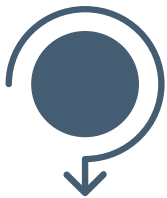


# No new vertebral fractures during 18 months



## Immunogenicity

Only one patient had serum anti-body against Denosumab.



No statistically significant **difference** between two groups.



**Arylia** was proved to be **Non-Inferior** to the reference product in terms of **efficacy**.



# Article

- ✓ Phase III Clinical Trial
- ✓ Arthritis Research & Therapy
- ✓ Impact Factor: 5.156



## RESEARCH

## Open Access



### Efficacy and safety of the biosimilar denosumab candidate (Arylia) compared to the reference product (Prolia<sup>®</sup>) in postmenopausal osteoporosis: a phase III, randomized, two-armed, double-blind, parallel, active-controlled, and noninferiority clinical trial

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#### Abstract

**Background/objective:** Osteoporosis is a global health concern with an increasing prevalence worldwide. Denosumab is an antiresorptive agent that has been demonstrated to be effective and safe in osteoporotic patients. This study aimed to compare the efficacy and safety of the biosimilar denosumab candidate (Arylia) to the originator product (Prolia<sup>®</sup>) in postmenopausal osteoporotic patients.

**Methods:** In this randomized, double-blind, active-controlled, noninferiority trial, postmenopausal osteoporotic patients received 60 mg of subcutaneous Arylia or Prolia<sup>®</sup> at months 0, 6, and 12 and were followed up for 18 months. The primary endpoint was the noninferiority of the biosimilar product to the reference product in the percentage change of bone mineral density (BMD) in 18 months at the lumbar spine (L<sub>1</sub>-L<sub>4</sub>), total hip, and femoral neck. The secondary endpoints were safety assessment, the incidence of new vertebral fractures, and the trend of bone turnover markers (BTMs).

**Results:** A total of 190 patients were randomized to receive either biosimilar ( $n = 95$ ) or reference ( $n = 95$ ) denosumab. In the per-protocol (PP) analysis, the lower limits of the 95% two-sided confidence intervals of the difference between Arylia and Prolia<sup>®</sup> in increasing BMD were greater than the predetermined noninferiority margin of  $-1.78$  at the lumbar spine, total hip, and femoral neck sites (mean differences [95% CIs] of 0.39 [ $-1.34$  to 2.11], 0.04 [ $-1.61$  to 1.69], and 0.41 [ $-1.58$  to 2.40], respectively). The two products were also comparable in terms of safety, new vertebral fractures, and trend of BTMs.

# Thanks for Your Attention

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**Arylia**  
Denosumab  
Pre-filled Syringe, 60 mg/1 mL

**ARYOGEN**

  
**Orchid Pharmed**  
Sky's the Limit